

Research Article

Prevalence of Methicillin-resistant *Staphylococcus aureus* (MRSA) among *Staphylococcus aureus* collection at Sebha medical center

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Abstract: The prevalence of multidrug-resistant *Staphylococcus aureus* has increased during the last few years in healthcare facilities, and methicillin-resistant *Staphylococcus* (MRSA) in particular has emerged as a serious nosocomial pathogen because it is difficult to destroy and treat. Therefore this study was carried on to find out the frequency of MRSA among *S. aureus* isolates as well as to study their susceptibility profile. In this study, 43 strains of *S. aureus* were recovered from different departments at Sebha medical center and their antibiotic resistance profile was studied using Kirby Bauer disc diffusion method. Out of all 43 isolates, 16% were detected as MRSA using cefoxitin disk test. The strains that are resistant to erythromycin were further tested for inducible clindamycin resistance (ICR) using D-test. In this study, two strains showed ICR phenotype. While all isolates were 100% sensitive to vancomycin, the majority of isolates were resistant to β -lactam group antibiotics. We observed that 14% of all isolates were resistant to β -lactamase inhibitor. The response of *S. aureus* isolates to other antibiotics e.g. quinolone, aminoglycosides, tetracycline and macrolides was variable. In our study, it seemed to be vancomycin is the only antibiotic that still keeping its potency and it can be used for treatment of infections caused by multidrug-resistant MRSA.

Keywords: Opportunistic organism, *S. aureus*, MRSA, MDR, Clindamycin, D-test.

1. Introduction

Staphylococcus aureus is an opportunistic pathogen, which have become one of the most hospital-acquired pathogens [1, 2]. *S. aureus* can be found as normal flora in healthy humans, but on the same time, it can be a leading cause to many diseases including skin and tissue infection or in worse cases septicemia and infective endocarditis [3]. *S. aureus* in general and methicillin-resistant strains (MRSA) in particular are of clinical significance because they confer resistance to different groups of antibiotics that render the treatment more difficult. In fact, the MRSA is not only considered as nosocomial pathogen but it has also been isolated from community settings [4]. MRSA was first reported in 1961 shortly after introduction of methicillin in the health facilities [5] and thereafter became one of the most frequently isolated organisms worldwide [6, 7].


S. aureus has ability to evolve its lifestyle and become a successful opportunistic pathogen through acquiring mobile genetic elements that code for

virulence and antimicrobial resistance from other bacteria by horizontal gene transfer [8,9].

The resistance of *S. aureus* to methicillin and to all β -lactam antibiotics is mediated by *mecA* gene that codes for modified penicillin-binding protein (PBP2a), this gene is found on the staphylococcal cassette chromosome *mec* (SCC*mec*) [10, 11, 12, 13].

The resistance of *S. aureus* and mainly MRSA against antimicrobial agents has recently become wider to involve quinolones, aminoglycosides, and macrolides [12, 14, 15, 16]. The macrolides group (e.g. erythromycin) was an alternative drug for penicillin-resistant for a long time, but its usage has been limited during the last years because of the development of macrolides resistance [17]. Moreover, resistance to lincosamide (e.g. clindamycin), which is the drug of choice to treat skin and soft tissues infection caused by *S. aureus*, has also been detected [18, 19].

Although glycopeptides, notable vancomycin was considered a cornerstone for treating the MRSA but resistance to this drug has unfortunately also developed

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[20]. The presence of multiple resistant genes carried by MRSA strains considered as one of the risk factors that participate in its spread.

However, MRSA among health-care and community settings and their antibiotics resistance pattern has extensively been studied in Libya [21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31], where they suggested that healthcare workers (HCW) could be a source of MRSA dissemination between the medical staff and directly to the patients. However, The HCWs may further spread this organism (MRSA) to their household members and thereby they increase frequency of community-acquired MRSA infection making the problem even worse [32]. It has also been found that the rate of MRSA has increased in Libyan hospitals during the last decades in patients with burn and infected surgical wound [24, 25]. Zorgani and his team have also isolated inducible clindamycin resistant *Staphylococci* from burn patients in Tripoli, Libya [33].

Despite all these studies that have been undertaken in Libya, yet very little is known about the prevalence of MRSA in south of Libya especially Sebha, and this project is considered as the first study carried in this area so far. Therefore, we in present project focused on the prevalence of MRSA among isolates collected from hospitalized patients as well as people attended outpatient department over a period of two years (January 2015-January 2017). The antimicrobial susceptibility pattern against different antibiotics was also studied in this project.

2. Material and Methods

2.1 Clinical Isolates

Between January 2015 to January 2017, 43 *S. aureus* isolates were collected from wound, pus, oropharyngeal, and screen swabs (nasal and neonate incubators). 29 strains of *S. aureus* were isolated from different hospitalized patients, while 9 isolates from patients attended outpatient department. The remaining was collected from neonatal incubators (2) and medical staff (3). After identification, all strains were given MA number and stored at -70°C in our laboratory at Sebha medical center for further study. The details on each strain are available in Table 1. This study was done in Microbiology department, Sebha medical center. The clinical samples were grown on 5% sheep blood agar medium (Oxoid, England) and incubated overnight at 37°C . *S. aureus* isolates were identified by (Gram stain, catalase test) and confirmed by cultured on Mannitol salt agar (Oxoid, England) and DNase plates (Oxoid, England).

2.2 Antimicrobial susceptibility testing

The confirmed *S. aureus* isolates were screened for their susceptibility to different antibiotics according to CLSI [34] guidelines using Kirby Bauer disc diffusion method. A 0.5 McFarland standard suspension for each

strain was prepared and used for all susceptibility tests. The bacterial suspension was performed on Mueller-Hinton agar (MHA) plate (Oxoid, England). The following antibiotics were used, Penicillin G ($5\mu\text{g}$), Ampicillin ($10\mu\text{g}$), Erythromycin (30mg), Vancomycin (30mg), Gentamicin ($30\mu\text{g}$), Ciprofloxacin ($5\mu\text{g}$), Ceftriaxone ($30\mu\text{g}$), Imipenem ($10\mu\text{g}$), Amoxicillin ($25\mu\text{g}$), Tetracycline ($30\mu\text{g}$), and Amoxicillin-clavulanic acid ($30\mu\text{g}$) (Bioanalyse, Ankara/ Turkey). The plates then were incubated for overnight at 35°C .

Table 1. Distribution of *S. aureus* isolates by departments used in this study.

| Strain number | Department | Source |
|---------------|-----------------------|---------------------|
| MA40 | Neonate | Skin swab |
| MA52 | Neonate | Rectal swab |
| MA58 | Female surgical ward | Diabetic foot |
| MA69 | Female surgical ward | Wound |
| MA70 | Female surgical ward | Thigh abscess |
| MA81 | Male surgical ward | Urinary catheter |
| MA101 | Female surgical ward | Abscess |
| MA102 | Female surgical ward | Wound |
| MA116 | Male surgical ward | Leg abscess |
| MA142 | Pediatric | Chest aspiration |
| MA151 | Female surgical ward | Abscess |
| MA152 | Male surgical ward | Wound |
| MA158 | Male surgical ward | Diabetic foot |
| MA161 | Male surgical ward | Abscess |
| MA162 | Female surgical ward | Abscess |
| MA163 | Female surgical ward | Abscess |
| MA164 | Male surgical ward | Diabetic foot |
| MA172 | Male surgical ward | Diabetic foot |
| MA173 | Female surgical ward | Inguinal abscess |
| MA174 | Female surgical ward | Breast abscess |
| MA180 | Neonate | Incubator |
| MA181 | Neonate | Incubator |
| MA183 | Male surgical ward | Cellulitis |
| MA191 | Neonate | Nasal swab |
| MA197 | Female surgical ward | Axillary abscess |
| MA214 | Ophthalmology | Swab |
| MA218 | Neonate | Oropharyngeal swab |
| MA220 | Neonate | Nasal swab |
| MA221 | Neonate | Nasal swab |
| MA238 | Neonate | Oropharyngeal swab |
| MA242 | Male surgical ward | Wound |
| MA251 | Male surgical ward | Postoperative wound |
| MA256 | Male surgical ward | Abdominal abscess |
| MA258 | Neonate | Oropharyngeal swab |
| MA263 | Female surgical ward | Chest wall abscess |
| MA4 | Outpatient department | Sputum |
| MA155 | Outpatient department | Burn |
| MA160 | Outpatient department | Abscess |
| MA171 | Outpatient department | Abscess |
| MA85 | Outpatient department | Genital abscess |
| MA98 | Outpatient department | Nasal abscess |
| MA113 | Outpatient department | Ear swab |
| MA153 | Outpatient department | Abscess |

2.3 Detection of MRSA by Cefoxitin disk

Resistance of *S. aureus* isolates to methicillin was determined by using a $30\mu\text{g}$ Cefoxitin disk. The plates were incubated at 35°C for 18-24h. The results obtained from this experiment than were interpreted according to

Clinical and Laboratory Standards Institute (CLSI) guidelines.

2.4 Inducible Clindamycin resistance screen test (D-shape test)

All *S. aureus* isolates that found to be resistant to erythromycin were further screened for Inducible clindamycin resistance. Clindamycin (2µg) and erythromycin (15µg) disks (Bioanalyse, Ankara/Turkey) were placed at a distance of 15mm (edge to edge) from each other. The plates were incubated at 35°C for 18-24h. Appearance of D-shape zone in between the two disks and toward the clindamycin is considered positive for inducible clindamycin resistance.

3. Results and discussion

This study represents the prevalence of MRSA throughout different departments at Sebha Medical center, which is considered as the central hospital covering almost the majority of south Libya. We analyzed forty-three *S. aureus* strains collected from different department at Sebha medical center, Libya. Further, 43 isolates were subdivided into two groups, 34 are hospital isolates (Inpatient (IP) and screen swabs) and 9 are from outpatient department (OP) (details in Table 1). All 43 isolates were subjected to antimicrobial susceptibility test. Initially, we could see that out of 43 strains, 84% and 88% were resistant to penicillin and ampicillin respectively (Fig. 1, Table 2, Fig. 2). This study showed that 14% of all isolates (IP & OP) are resistant to β-lactamase inhibitor (Augmentin). Among all isolates, 19% were resistant to ceftriaxone, 30% were resistant to tetracycline, 12% were resistant to gentamicin, 7% are resistant to ciprofloxacin, and 2% resistant to imipenem. Out of 43 isolates, seven isolates (16%) were confirmed MRSA positive using cefoxitin 30µg (Table 2). Four MRSA isolates were isolated from surgical departments and 2 from neonate while one

strain was from outpatient department (OP-MRSA) (Table 3/Fig. 3). Among the whole collection, as noted from Table 3, the highest number of MRSA was from surgical departments (9%) followed by neonate (5%) whereas 2% was isolated from outpatients. Focusing on MRSA susceptibility pattern, we found all MRSA isolates resistant to ceftriaxone, 71% resistant to gentamicin, 43% resistant to ciprofloxacin, 43% resistant to erythromycin, and all of MRSA strains sensitive to tetracycline. However, all MRSA are sensitive to imipenem except MA 238 (isolated from neonate), showed resistance phenotype. MA238 was only sensitive to tetracycline and vancomycin. Luckily, our study did not show any resistance to vancomycin and all 43 isolates (MRSA and MSSA) were 100% sensitive. The strains, that showed resistance to erythromycin (19%), were further studied for inducible Clindamycin test (D-shape test) (Table 4/Fig. 4A&B). Interpretation of the result was done according to Fiebelkorn [35], Strains resistant to both erythromycin and clindamycin were considered to have constitutive clindamycin resistance (cMLSB). But when the Strains showed flattening of the circular zone of inhibition toward clindamycin it is considered inducible clindamycin resistance (iMLSB). The susceptible strains with circular zones around the clindamycin were considered to be clindamycin susceptible [35]. So, we observed two strains, MA162 (IP-MSSA) and MA4 (OP-MSSA), were iMLSB, where they exhibited resistance to erythromycin and sensitive to Clindamycin with flattening or blunting of the inhibition zone toward clindamycin (D-shape positive) (Table 4/Fig. 4A). Only MA238 (IP-MRSA) was resistant to both erythromycin and clindamycin, which considered as cMLSB (Table 4/Fig. 4B) with no inhibition zone around them. Other erythromycin-resistant strains IP-MRSA (MA251, MA258) and IP-MSSA (MA81, MA180, MA181) were sensitive to clindamycin (Table 4) and according to Fiebelkorn, they considered to be MS.

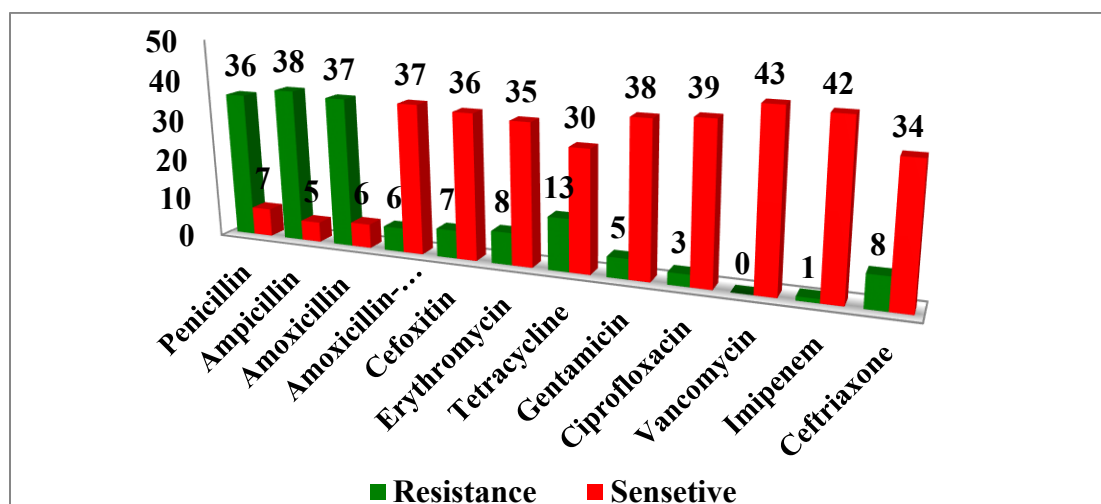
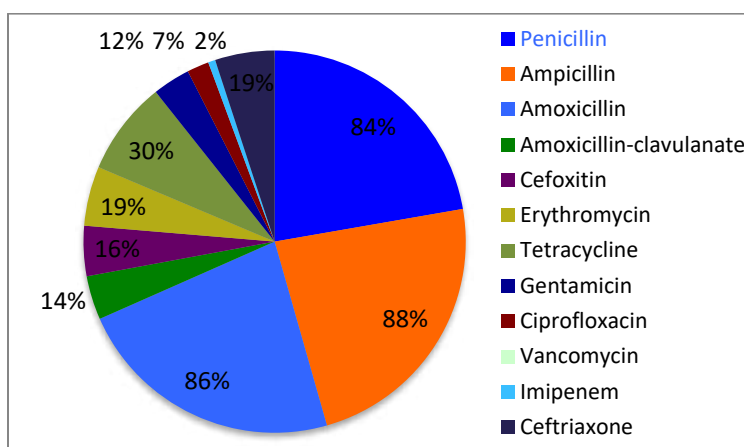


Fig. 1. Antibiotic Resistance profile of *S. aureus* isolates to different commonly used antibiotics.

Fig. 2. Antibiotic resistance rate of *S. aureus* isolates.Table 2. Susceptibility pattern of all 43 *S. aureus* isolates to different groups of antibiotic.

| Antibiotics | Sensitive | Intermediate | Resistance | Resistance rate |
|-------------------------|-----------|--------------|------------|-----------------|
| Penicillin | 7 | | 36 | 84% |
| Ampicillin | 5 | | 38 | 88% |
| Amoxicillin | 6 | | 37 | 86% |
| Amoxicillin-clavulanate | 37 | | 6 | 14% |
| Cefoxitin | 36 | | 7 | 16% |
| Erythromycin | 35 | | 8 | 19% |
| Tetracycline | 30 | | 13 | 30% |
| Gentamicin | 38 | | 5 | 12% |
| Ciprofloxacin | 39 | 1 | 3 | 7% |
| Vancomycin | 43 | | 0 | 0% |
| Imipenem | 42 | | 1 | 2% |
| Ceftriaxone | 34 | 1 | 8 | 19% |

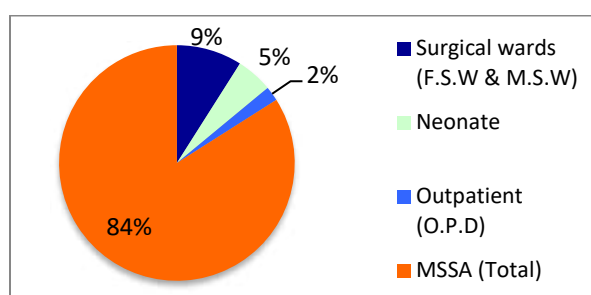


Fig. 3. Frequency of MRSA strains by departments.

The current study was conducted at Sebha medical center, which located at south of Libya and represents the biggest hospital in this area. The healthcare workers with improper hand hygiene are reported as a source of transmission of hospital-acquired pathogens among the hospitalized patients. In addition, the migration has also been reported as one of the risk factors of multidrug-resistant organisms transmission. Heudorf and his group on 2016 [36] have found that 9.8% of the refugees in Germany were colonized with MRSA. Further, Ravensbergen has reported a similar result on 2017 [37], where he found that 10% of Asylum seekers to Netherlands were MRSA positive compared to general patient population rate, which was 1.3%.

Table 3. Distribution of MRSA according to hospital departments.

| MRSA/ MSSA/ Department | Number of MRSA/MSSA | Rate (%) |
|--|---------------------|----------|
| Surgical wards (MA69, MA263, MA172, MA251) | 4/43 | 9% |
| Neonate (MA238, MA258) | 2/43 | 5% |
| Outpatient (MA171) | 1/43 | 2% |
| MSSA (All departments) | 36/43 | 84% |

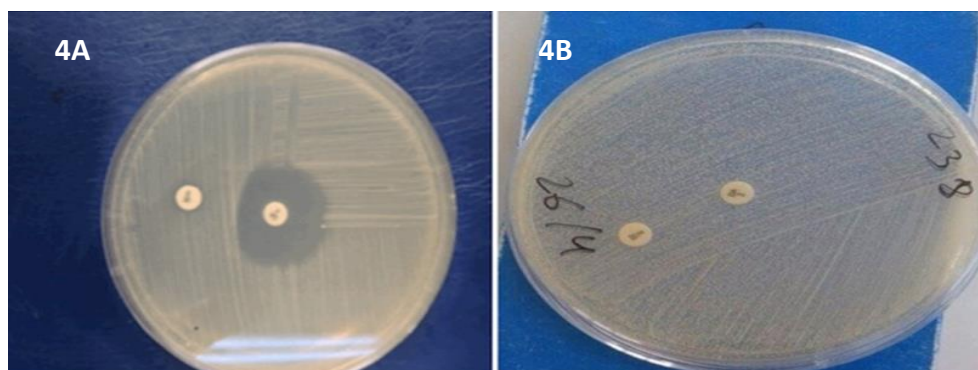


Fig. 4A. Inducible macrolide-lincosamide-streptogramin B (D-test positive). B: constitutive macrolide-lincosamide-streptogramin B resistance.

In Libya, especially after revolution 2011, overflow of immigrants importing multidrug-resistant organism, war-injured patients with lack of health services, suboptimal infection control and improper antibiotic prescription all might have contributed to prevalence of MRSA and other multidrug-resistant pathogens. After Revolution February 2011, 51 Libyan injured soldiers were transferred to major incident hospital in Utrecht, Netherland. A 10% was detected as MRSA among all 51 injured people, and MDR was found in 59% [38].

Based on studies conducted in Libya, the number of MRSA has increased during the last years particularly in surgical ward and burn patients [24, 21]. Furthermore, Zorgani, 2009 [21] has reported that 18% of the *S. aureus* isolates collected from healthcare workers at six different hospitals were MRSA. Our data showed the number of MRSA isolated from hospitalized patients is higher than the isolates from outpatient, 18% and 11% respectively. With respect to the sample size, this result is similar to the one found by Wareg and his team on 2014 [27], when around 511 strains of *S. aureus* were collected between October 2009 and November 2010. Interestingly, similar to results obtained by Buzaid, 2011 [24], we found that the majority of MRSA are from surgical department.

In this study, we could see that a few strains were sensitive to β -lactam group and this is because they do not produce β -lactamase, while 37 out of 43 were sensitive to β -lactamase inhibitors (Amoxicillin/Clavulanate). The resistance to β -lactamase inhibitors (14%) in this study was mainly by MRSA. This finding, which is not surprising, has been reported many years ago by Brumfitt [39] and has been confirmed by other studies [40]. Our study revealed that majority of MRSA was resistant to β -lactams (Penicillin, Ampicillin, and Ceftriaxone), β -lactamase inhibitor (Amoxicillin/Clavulanate), aminoglycoside and quinolones (Ciprofloxacin). This observation is in agreement with the same finding reported by other researchers [41, 42, 43, 44, 24].

On the other hand, some published studies reported that 0% resistance of MRSA to ciprofloxacin and 5% to gentamicin [27], but ours showed 43% of MRSA were resistant to ciprofloxacin and 71% to gentamicin. Furthermore, we noticed that this resistance to ciprofloxacin and gentamicin is only exhibited by MRSA but not MSSA strains. For this reason, quinolones, which have previously been used for MRSA treatment [45, 46], are not recommended anymore and this finding is supported by other studies [47].

Luckily, between all MRSA and MSSA isolates enrolled in this study, only single strain was resistant to imipenem, MA238. Such a very low resistance to imipenem suggesting it can still be used for treatment of MRSA.

For many years, vancomycin was considered as the golden antimicrobial agent against multidrug-resistant MRSA, but regrettably, has also developed resistance. In contrast, to study undertaken in the same area on 2015, Sebha, where they found that 90.5% of *S. aureus* were resistant to vancomycin [48], all our strains showed the opposite and were 100% sensitive to vancomycin. This observation is consistent with other study [43]. Contrary, some studies had reported resistance of MRSA to vancomycin [49, 50, 51].

However, the emergence of β -lactams resistant *S. aureus* strains in the last few years have led to introducing other antibiotics to eradicate *S. aureus* infections, for instance, macrolide, lincosamide and streptogramin B (MLSB) [35]. Nevertheless, resistance to macrolides may also be acquired through either active efflux encoded by *msrA* or modification of enzymes encoded by *ermA* or *ermC* genes (Macrolide, Lincosamide and Streptogramin B resistance (MLSB)) [52]. In this study, out of 43 isolates, 8 (19%) were resistant to erythromycin. Among 8 erythromycin-resistant strains, 2 (5%) detected positive for inducible clindamycin resistance (ICR) and gave D shape. The false clindamycin susceptibility result may mislead the clinicians to use this antibiotic in treatment of Staphylococcus infections. This misinterpretation can happen if the isolates were not tested for ICR. Therefore, to avoid the failure with clindamycin therapy, the microbiologist should routinely perform this simple test.

In relation to MRSA and MSSA, our study did not detect Inducible clindamycin resistance among MRSA rather they were predominant in methicillin-susceptible *S. aureus* isolates, while the constitutive phenotype was observed in MRSA only. This finding is in line with other studies where they also reported higher rate of ICR in MSSA compared to MRSA [53,54,2]. In general and regardless MRSA or MSSA, Our data showed the rate inducible clindamycin resistance is higher than constitutive clindamycin resistance and a similar observation has also been reported by Ajantha [55]. Conversely, Fiebelkorn [35] in reported higher number of Constitutive resistance compared to inducible resistance and Nikam has also reported a similar result [56].

Thus, according to these results with prevalence of MDR, we have only few options for treatment of MRSA detected in this study. The reason behind this fast spread of multidrug-resistant organisms perhaps is due to self-medication and improper use of commonly prescribed antibiotic. The worldwide prevalence of multidrug resistance among MRSA strains and other hospital-acquired pathogens has become of critical concern and consider as a major public health problem.

Our study is not surveillance but rather it highlights the main problem in our hospital and this progressing nosocomial infections problem will increase the morbidity if not the mortality rate.

4. Conclusion

Apparently, *S. aureus* has remarkable ability to acquire multiple antibiotic resistance, and a new implementation for effective management against multidrug-resistant organism must urgently be proposed. Further, Hospital infection control and prevention with proper education to minimize the spread of MRSA should be taken into consideration. Therefore, Healthcare worker and patients before admission must routinely be screened for MRSA and other nosocomial pathogens.

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